

Zeroes Down Allergy

Clinical Study

J Allergy Clin Immunol. 2004 Apr;113(4):669-76

Levocetirizine better protects than desloratadine in a nasal provocation with allergen.

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BACKGROUND: Direct comparisons of antihistamines are rare but very much needed. Newly available antihistamine preparations, levocetirizine, the R-enantiomer of racemate cetirizine, and desloratadine, an active metabolite of loratadine, have been recently released for allergic rhinitis. OBJECTIVE: We sought to compare levocetirizine and desloratadine in a nasal provocation test (NPT) with grass pollen. METHODS: Twenty-four volunteers with grass pollen allergy and a history of rhinitis were enrolled in a double-blind, placebo-controlled, crossover study. Three NPTs were performed in a dose-escalating manner during the out-of-season period 4 hours after a single dose of levocetirizine (5 mg), desloratedine (5 mg), or placebo. RESULTS: CONCLUSIONS: This study demonstrates a better overall protection of a single dose of levocetirizine compared with desloratadine in an NPT with grass pollen allergen. In contrast to late-phase inflammatory markers, which were unaffected, extravascular leakage of the early-phase marker albumin was significantly limited by levocetirizine.

Alzero

- Twice as potent as cetirizine
- Greater decongestant activity than desloratadine

Highly effective in

- Allergic Rhinitis
- Allergic Bronchitis
 Asthma
- Rhinorrhoea



